

Stop wearing facemasks!

Introduction

Continued use

Despite the Prime Minister removing the non-medical interventions to the Covid crisis, including the mask mandate, many people in public are still wearing them. Perversely, despite having a previous lenient attitude to non-mask wearers, Sainsbury's then announced that it would demand facemasks in its stores. This is a sign of delusion. Masks have become a safety blanket to a population scared to death about a disease that was never a threat in the first place (for most people under 80 it has a 99.9+% survival rate).

Pointless

I have fully explained in previous papers why facemasks are utterly pointless in trying to prevent infection from an airborne virus. Essentially, viruses are smaller (e.g. 20-100 nanometres) than the pores in the facemasks (e.g. 400-500 nanometres). If you can breathe air through the mask, you can breath in a virus.

Dangers

For two years I have been warning about the dangers of facemasks. The danger level is raised when masks are worn for long periods. From the point of view of oxygen and CO₂ levels alone, it is dangerous to wear a facemask for more than two hours.

Even if treated properly facemasks are dangerous but most people treat them improperly; that is they use them after being loose in pockets and handbags, or on a table, or even after falling on the floor. This enables contaminates to be breathed in directly.

Cancer-causing contaminants

Titanium Dioxide (TiO₂)

Levels of this that '*systematically exceeded the acceptable exposure level*' have been found in common facemasks according to a study published in 'Scientific Reports' in *Nature* journal.

Nature, Scientific Reports, 'Eveline Verleysen, et. al., 'Titanium dioxide particles frequently present in face masks intended for general use require regulatory control', 12, Article Number 2529 (2022).

TiO₂ is a suspected human carcinogen when inhaled. Particles of this were found in synthetic textile fibres of facemasks. The total TiO₂ mass ranged from 791 to 152,345 mg per mask. The TiO₂ mass at the fibre surface ranged from 17 to 4394 mg and exceeded the acceptable exposure level.

Lead, cadmium, antimony and plastic and organic substances

This study found silicon-based and plastic fibres, heavy metals and polar organics. The leachate contained lead, cadmium and various organic species. The lead content alone was up to 6.79 mg/L.

Plastics included: polyamide-66 monomer and oligomers, surfactant molecules, polythene glycol (PEG). PEG alone causes anaphylaxis.

Water Research, G L Sullivan, et. al., 'An investigation into the leaching of micro and nano particles and chemical pollutants from disposable face masks – linked to the Covid-19 pandemic', Volume 196, 15 May 2021.

Ethylene oxide

Many masks have been found to contain ethylene oxide (EO), which is a highly toxic substance known to cause cancer. EO is used as a sterilising agent in many medical procedures and some manufacturers have used it to sterilise facemasks. Chinese made masks have been proved to be sub-standard.

Some medics and health care agencies have also been sterilising their own facemasks with EO instead of procuring a new one. The dangers of this are well known and the CDC gave a warning not to do this.

Sun News, Colin Fluxman, 'Use of ethylene oxide to sterilise face masks extremely hazardous', 15 June 2020.

Advances in Colloid and Interface Science, Jerry TJ Ju, et. al., 'Face masks against Covid-19; standards. Efficacy, testing and decontamination methods'.

Washington State Nurses Association, 'Major win to prohibit use of carcinogen for PPE sterilisation;', 29 April 2020.

Health and Safety Executive (UK), 'Use of face masks designated KN95, HSA safety alert', STSU1-2020, June 2020.

Medical repercussions of wearing facemasks

Sepsis

The presence in tissues of harmful bacteria and their toxins, typically through infection of a wound. This equates to septicaemia (US septicemia), or blood poisoning, especially that caused by bacteria or their toxins.

Constant mask wearing leads to a build up of bacteria, both from external items and from within the body. The moist and warm atmosphere on the lining of the mask provides a perfect opportunity for any bacteria to multiply. The longer it is worn, the more the bacteria grow.

The bacteria, having multiplied, can then enter the body either through breathing or through any wound in the mouth, such as an ulcer. This can lead to sepsis.

Bacterial pneumonia

In a similar manner, the bacterial build up can lead to a form of pneumonia. If your immune system is weak, this can be fatal. Most old people die from pneumonia.

Bacterial skin infections

Many people have demonstrated on social media that they have contracted skin disorders from wearing a facemask. Often the rashes cover the exact area of the facemask. This disease is often a form of staphylococci.¹ Once-pretty women have found that half of their face is a rash with boils and lesions.

Hypoxia

This is a deficiency in the amount of oxygen reaching the tissues. Essentially it is oxygen deprivation.

Without sufficient oxygen cells cease to function properly and this leads to multiple forms of disease. In a very short time it leads to damage to the brain. This is why many people were seen fainting in public from wearing a facemask. For people with pre-existing breathing problems this could be very serious.

¹ A bacterium of a genus that includes many pathogenic kinds that cause pus formation, especially in the skin and mucous membranes.

Increased CO2 levels

While some of the CO₂ breathed escapes past the mask filter, a significant proportion remains trapped on the inside of the mask surface. This builds up over time so that a person begins to re-breathe carbon dioxide. This is very dangerous.

Cognitive damage

The combination of a lack of oxygen and breathing CO₂ leads directly to a drop in cognitive function. People wearing masks in functions that require precise activity, such as nurses, are then at risk of making mistakes and damaging themselves or others.

Continued use of facemasks over time can lead to a permanent diminution of cognitive function. Mask wearers can literally succumb to brain damage and intellectual incapacity. Some doctors have warned that there will be a dramatic increase in dementia among mask wearers in the coming years.

Interim conclusion

Now these are just the conditions that I, not a medically qualified person, can think of. I would surmise that medically trained people would be able to think of a number of other ailments associated with facemasks.

Objections

But surgeons wear facemasks all the time to avoid infection

In fact, facemasks in surgery are gradually being phased out; many surgeons have already abandoned them. Facemasks, by causing hypoxia, lead to loss of over 20% cognitive function and this is a hazard in a surgical procedure.

The main reasons why surgeons did wear masks was as follows:

- To stop saliva droplets from entering a wound.
- To stop sweat from entering a wound.
- To stop splashes of blood or fluid into the surgeon's face.

Surgeons rarely wore masks to avoid infection. If this was necessary they would wear specialised masks with ventilation or pumped oxygen.

But it is mandated by the government

Firstly, if the government prescribes something illegal or dangerous then it is your duty to disobey. However, the UK government gave everyone a 'let out' clause saying that there were exemptions. This included if a mask caused distress. It is against the law for someone to demand to know your medical condition so no one can force you to disclose why you are exempt. In any case, government guidelines said that exempt people should not be interrogated.

It is mandated by my employer

No employer, including the NHS, has the legal power to demand you adopt a medical procedure against your will. Body autonomy is protected under Common Law, Natural Law,² the Nuremberg Code and discrimination statutes. If an employer sanctions you for not complying, you can sue them and win.

² Arising from the conscience, this is the law that all nations have historically adopted as being obvious and universal.

Environmental catastrophe

China alone is producing 200 million facemasks a day. There is constant improper disposal of these into the environment. Environmentalists have found piles of masks on beaches, coral reefs, in the countryside and even in the gut of animals and birds. This is a complete catastrophe.

On one day in Hong Kong 70 masks were found in 100 metres of shoreline. Masks have been observed floating in the oceans. One gull was photographed with its head stuck in the elastic loop of a mask, which it could not remove.

Most masks are made from long-lasting plastic materials, which can persist in the environment for decades, or even centuries.

Hazards from discarded masks include:

- Posing an infection hazard to humans, such as children playing on beaches.
- Posing a hazard to waste collectors.
- Plastic masks can smother environments and break up ecosystems.
- Animals can choke on them.
- Animals can be internally damaged if they are eaten.
- Some animals can be entangled in them.
- Upon decomposition, the plastic breaks down into micro-plastics, which can accumulate in the food-chain or water supplies.

The Guardian, 'More masks than jellyfish; coronavirus waste end up in ocean', 8 June 2020.

The Conversation, 'Coronavirus face masks: an environmental disaster that might last generations', 14 August 2020.

The Royal Society, Murray R Gregory, 'Environmental implications of plastic debris in marine settings – entanglement, ingestion, smothering, hangers-on, hitch hiking and alien invasions'.

Conclusion

The consequences of governments demanding facemasks is a tragedy gradually unfolding. It is appalling that masks, which do nothing at all to prevent infection from an airborne virus, have been mandated. Since governments have been advised by supposed medical experts, one has to wonder why such a stupid and dangerous policy was universally rolled out.

Harmful effects from facemasks are appearing everywhere leading to significant disruption, sickness and mental stress. The people that demanded facemasks need to be brought to account and punished under law for this crime.